



Benefit Fund for Hospital & Health Care Employees - Philadelphia & Vicinity

1319 Locust Street, Philadelphia, PA 19107-5405

(215) 735-5720 • (800) 531-1199 • FAX (215) 985-9232

6th Annual Biometric Screening Program Kick off

Dear 1199C Benefit Fund Member,

It's time for the 2017 biometric screening and Health Assessment program. The following **TWO** items must be completed by **October 31, 2017**:

1. Aetna's Health Assessment – Online survey
www.aetna.com
2. Bloodwork – Blueprint for Wellness - Quest Diagnostics.

Both the **Biometrics Screening and Health Assessment** must be completed by **October 31, 2017**, or you will begin paying a health and welfare contribution surcharge as of **MARCH 1, 2018**.

What will the Biometrics Screening tell me?

The Quest labwork will help you improve your understanding of your health and well-being by measuring height, weight and blood pressure, and require a blood draw to screen for other health risks.

The Aetna online health assessment is a survey about your health history and habits. It will take about 15 minutes or less to complete. By completing this survey, you are taking an important first step to improve your health. The health assessment can:

- Point out your health risks so you can take steps to lower them;
- Find health concerns you didn't know about; and
- Give you personalized health results we encourage you to share with your doctor.

How do I complete the bloodwork and health assessment requirement?

Bloodwork Screening - You only need to pick **ONE** of the options below:

1. **Quest Patient Service Center (PSC)** – Schedule an appointment at a Quest PSC at a convenient time close to your home or work. There are numerous Quest locations located in the Philadelphia area for easy access. **No copays** are required and the results are transmitted to Aetna automatically.
2. **Onsite Event** – Simply pick an event that works best with your schedule and **make an appointment using the instructions in the next section**.

DATE	TIME	LOCATION
Wednesday, June 14, 2017	4:00pm – 6:30pm	Delegates Assembly – Union Auditorium
Saturday, June 24, 2017	10:00am – 2:00pm	Health & Wellness Fair - The Benefit Fund
Friday, July 14, 2017	9:00am – 3:00pm	Inglis House – Founder's Hall
Monday, July 17, 2017	10:00am – 2:00pm	Temple Hospital – Boyer Building, 2 nd floor classroom
Wednesday, July 26, 2017	10:00am – 2:00pm	Jefferson Hospital, Hamilton Building - Room 224/225
Wednesday, August 9, 2017	10:00am – 2:00pm	Hahnemann Hospital - 496 Conference Room; North Tower
Wednesday, August 16, 2017	10:00am – 2:00pm	JFK Mental Health; 2nd Floor Conference Room
Wednesday, August 30, 2017	10:00am – 2:00pm	Temple Hospital – Boyer Building, 2 nd floor classroom
Wednesday, September 13, 2017	10:00am – 2:00pm	Temple Campus - Howard Gittis Student Center, Room 217A
Wednesday, September 27, 2017	10:00am – 2:00pm	Temple Episcopal Hospital – Fox Conference Room
Wednesday, October 4, 2017	10:00am – 2:00pm	The Training & Upgrading Fund, 10th Floor
Wednesday, October 11, 2017	10:00am – 2:00pm	Jefferson Hospital, Bluemle Building – Room 101
Wednesday, October 18, 2017	10:00am – 2:00pm	Genesis- Voorhees, 2 nd Floor Break room

How do I schedule an appointment for Biometrics Screening onsite or at Quest?

- To register for a wellness screening visit: <https://my.questforhealth.com/> or call the Blueprint for Wellness Call Center at 1-855-623-9355 (available Mon – Fri 8:30 a.m. – 9:30 p.m. EST and Sat 8:30 a.m. – 5 p.m. EST)
- You will need to provide your Registration Key and Unique ID.
 - **Registration Key:** 1199c
 - **Unique ID:** 1199+ Your First and Last initials+ last 4 of your SSN
Example: John Smith SSN 123-45-6789, **Unique ID:** 1199JS6789
- Create a username and password along with a secret question for registration.
- Schedule an appointment.
- You do NOT need to fast. **Eat normally and drink plenty of water.**
- Take all medications per your regular schedule.
- Please note – appointments for onsite events need to be made approximately 30 days **BEFORE** the onsite event. Please plan ahead!

**** Primary Care Physician** – You may schedule an appointment with your primary care physician (PCP) to complete your bloodwork. If you choose this option, you will need to request a Physician Form from the Benefit Fund. Bloodwork results from your physician can only be used if they were collected between June 1st – October 31st 2017. **You MUST ensure the doctor completes the physician form with all results and have the doctor fax the results back to Quest at the number printed on the form by November 14, 2017.**

Health Assessment - You must complete the health assessment online in three steps:

1. Log in to your secure member account through Aetna Navigator. Not registered for Aetna Navigator? Simply visit the Aetna website at www.aetna.com and click “Register now” found under “Aetna Navigator” on the left side of the Aetna homepage.
2. Once in Navigator, click on “Health Records.”
3. Choose the “Take a Health Assessment” link located in the blue box on the left side of the screen — and go! Remember to click continue until you see a **“Compass Results Page.”** **This page will have your username and score with the date.** **Print this page for your records.**



All information in the assessment and the laboratory report is personal and confidential, as protected by federal law. As always, spouses are not required to participate, but their participation is highly encouraged. Neither the Benefit Fund nor your employer will have access to your individual results. We value and understand that your privacy is most important and we have put many steps in place to assure confidentiality. **Any questions can be directed to member services at 215-735-5720 or toll-free at 800-531-1199.**

Sincerely,

LaVerne K. DeValia
Executive Director

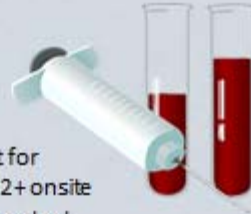
DISTRICT 1199C

6TH ANNUAL BIOMETRIC SCREENING PROGRAM
JUNE 1ST – OCTOBER 31ST, 2017

All members who participate in the Benefit Fund are required to complete the following TWO items by October 31, 2017:

1. Quest Bloodwork

1. Schedule an appointment at a Quest Patient Service Center or an onsite event by logging onto : <https://my.questforhealth.com> or calling the Blueprint for Wellness Call Center at 1-855-623-9355. There will be 12+ onsite events at various locations during the program. Please contact your Organizer or The Benefit Fund for a schedule or log onto www.1199cfunds.org.



2. To register, you **WILL NEED THE FOLLOWING INFORMATION TO GET YOUR BLOODWORK DONE:**

- Registration Key: 1199c
- Unique ID: 1199+ First and Last initials+ last 4 of your SSN
- Example: John Smith SSN 123-45-6789, Unique ID: 1199JS6789

**** If you choose to go to your Physician to complete the requirement, you will need to request a Physician Form from the Benefit Fund office. Bloodwork results from your physician can only be used if they were collected between June 1st – October 31st 2017. You MUST ensure the doctor completes the physician form with all results and have the doctor fax the results back to Quest at the number printed on the form by November 14, 2017.**

2. Aetna Health Assessment



1. Log in to your secure account on Aetna navigator at www.Aetna.Com. Once logged in, click on “take a health assessment” located in the blue box on the left side of the page.
2. On the next page, click the blue square with the number 1 to begin your health assessment.
3. You have not completed the requirement until you see, “**compass results page.**” This page will have your username and score with the date. **PRINT a copy of this page for your records.** If you do not have a printer, take a picture of the results screen with a smartphone and save the image.

Questions? Contact the Benefit Fund at
215-735-5720 www.1199cfunds.org