

# ATTENTION DISTRICT 1199C



## Take Charge of Your Diabetes

Attend a FREE workshop that will help you to take charge of your diabetes. Learn how to take back your life from a Certified Diabetes Educator who can answer all your questions.

### May Class Date Available:

Friday, May 15<sup>th</sup>, 2015

- 1:00 – 2:30pm
- 1319 Locust Street, 2<sup>nd</sup> Floor Auditorium

### Who should attend?

Anyone with diabetes, at risk for diabetes, or a caregiver is welcome to attend.

Can't make this class? If you have 5 or more people at your worksite and have access to a classroom, we can bring the class to you at a better time. Contact Megan Smith (215) 735-5720 for more information.

For questions or to reserve a seat, please contact Megan Smith at (215) 735-5720.

